



GROSSMONT
COLLEGE

DANCE IMPROVISATION

Dance 204 / Spring 2019

M/W 3:30-4:45pm; 2.0 units; location: 24-271

Instructor: David Mullen



This course introduces the art and practice of improvisational dance. It also focuses on movement generation through the study of time, space, shape, effort, and body. Students are guided through specific exercises which enable them to discover the joy of movement and to enter into a free environment in which one can explore the unique and creative language of physical expression.

Register at www.grossmont.edu | Grossmont College Dance Department 619.644-7766