

THE CAREER CHRONICLE

Grossmont College Career Center/Student Employment Services
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BENEFITS OF VOLUNTEERING

Workplace Attitudes

Reading Ability

Computer Skills

Computation Skills

Prioritize Multiple Projects

Knowledge of Diversity

Good Work Ethics

Ability to Meet Deadlines

Ability to Keep Current

Customer Service

Work Independently

Leadership Ability

Organizational Skills

Presentation Skills

Attention to
Detail & Accuracy

Analytical Thinking

Critical Thinking

Multi-Tasking

Communication Skills

Work As A Team Member

Volunteer experience is an excellent way to learn or apply soft skills and can look very impressive on a resume. It can actually help you land a good job! Brainstorming some of the benefits of volunteering, may encourage you to give back to your community this *Holiday Season*.

As business leaders become increasingly concerned about competing in an intensely, competitive global environment, they strongly recommend that students acquire soft skills and apply them to complex problems in real-world settings. Examples stated were: individual student's problem-solving, writing, accomplishments in key skill areas and analytical thinking skills. The diagram above shows additional soft skills an individual can gain from Internships or Volunteer Work. The following items are some interesting statistics about volunteering.

- 81% of employers agree that Volunteer Work qualifies as relevant experience
- 28% of employers consider managing activities for clubs or leadership associations on campus as relevant experience
- 19% of employers suggest that involvement in sports activities qualify as relevant experience

People volunteer for a wide variety of reasons, especially wanting to help others. However, it's also OK to want some benefits for yourself from volunteering.

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Celebrating 30 years at Grossmont College

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EMPLOYMENT Available

CAREER EXPO 2008





Celebrating 30 Years at Grossmont College



Job Offers Made—Despite Current Slump

A panel of the National Bureau of Economic Research says the U.S. economy has been in a recession since December 2007. Many economists believe the current downturn will last until the middle of 2009 and is in the most severe slump since the recession in the early eighties or perhaps the Great Depression.

However, companies have still been making job offers all year long. Managers who have job

openings budgeted for Fiscal 2008 need to fill those jobs. "Use it or lose it" not only applies to office-supplies budgets, marketing budgets but also is relevant for recruitment.

Organizations also hire people when they have problems to solve. *Do employers have problems to solve right now?* You bet they do. Job candidates who can solve those problems are very valuable!

EMPLOYMENT Available

INTERNSHIPS and VOLUNTEER OPPORTUNITIES

City of San Diego

Intern Engineer

Super Warehouse

Unpaid interns for Marketing, Accounting, IT, Content, HR and Product Management

JOBS

City of San Diego

Professional/administrative, safety services, technical, skilled trades, clerical and recreation

County of San Diego

Accounting, Agriculture, Art & Design, Biology, Business, Communications, Computer Science & IT, Engineering, Environmental Services, Legal, Law Enforcement, Medical & Public Health and Social Services

Matrix Direct

Professional/administrative, clerical, and entry level sales

NAVY Regional Southwest

Childcare, administrative, laborers, recreation, dining services and housing

Sammy's Woodfired Pizza

Line cooks, management positions and hourly positions

UCSD Medical Center

RN, OTA, Orthopedic Tech, EKG Tech, Respiratory Therapist, Clerical, Nutrition, EVS, IT and Finance positions

U.S. Census Bureau

Recruiting Assistant, Office Clerk, Crew Leader, Crew Leader Assistant, and Enumerator/Listener

YMCA Youth and Family Services

Mentor Volunteers

For more details, visit the Career Center Room 627, the Student Employment Services Room 626 or visit our website at www.grossmont.edu/jobplacement



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