

Child Development (CD)

CHILD DEVELOPMENT 101 †

Parent Education

This course is primarily designed for parents of children enrolled in the Child Development Center although others are welcome to take the class. The course includes an overview of child development principles and an exploration of the role of parents in supporting the development of their children. The course will provide guidance in effective parenting strategies reflecting family and cultural beliefs. Discussions and assignments will relate directly to the participants' interaction with young children.

Transfers to CSU

1 unit, 1 hour lecture

CHILD DEVELOPMENT 106 †

Practicum: Beginning Observation and Experience

A laboratory experience at an approved placement site, this course includes observing and recording behavior of infant through preschool children and working directly with preschool children. This course is designed to reinforce and augment understanding of principles and techniques for observing, assessing, planning and working with young children through direct experience. *Transfers to CSU*

1 unit, 3 hours laboratory

Corequisite: A "C" grade or higher or concurrent enrollment in CD 123 or 125 or equivalent.

CHILD DEVELOPMENT 115 †

(Family Studies 115)

Changing American Family

A survey of the contemporary American family with emphasis on changes in form, functions and expectations. The history of the family, both public and private, will be considered and examined in relation to the effects of class, ethnicity and social policy. The effects on the family of common life events experienced by individuals and family members will be covered including sexuality, mate selection, marriage, childbearing, the working family, divorce, domestic violence and aging. The future of the family including implications for the individual and society will be discussed. *Satisfies General Education for: Grossmont College D2; CSU D7, D10; IGETC 4J*

Transfers to: CSU, UC (credit limited: see page 37)

3 units, 3 hours lecture

CHILD DEVELOPMENT 121 †

The Arts and Creativity for Young Children

This course will explore the development of creativity and creative expression through art, music, dramatic play and movement. Students will participate in a variety of creative experiences and learn strategies for incorporating the creative arts into daily routines and curriculum in early care and education settings. Developing skills to prepare an inclusive classroom environment that integrates creativity, is aesthetically pleasing, and developmentally appropriate will be a part of the course. This class meets the Program/Curriculum core requirement for Community Care Licensing and the California Commission on Teacher Credentialing Child Development Permit. *Transfers to CSU*

3 units, 3 hours lecture

CHILD DEVELOPMENT 123 †

Principles and Practices of Programs and Curriculum for Young Children

An examination of theoretical principles of developmentally appropriate practices applied to programs, environments, emphasizing the key role of relationships, constructive adult-child interactions, and teaching strategies in supporting emotional, physical, social, creative and intellectual development for all children. This course includes a review of the historical roots of early childhood programs and the evolution of the professional practices promoting advocacy, ethics and professional identity. Legal requirements for programs in California including Title 22 and Title 5 are also included.

Transfers to CSU

3 units, 3 hours lecture

Corequisite: Concurrent enrollment in CD 106 or concurrent employment in a licensed child care program.

CHILD DEVELOPMENT 124 †

Infant and Toddler Development

This course is a study of infants and toddlers, ages 0-3, which focuses on development in social-emotional, cognitive, language, and motor domains, including variations due to linguistic, cultural, socioeconomic and special needs. Emphasis is on development as it relates to care in a group setting. Theories and current issues related to group care are examined as well as appropriate methods of guidance and socialization. A strong focus is placed on the importance of the cultural context as it relates to meeting individual needs and building positive relationships with both child and family.

Transfers to CSU

3 units, 3 hours lecture

CHILD DEVELOPMENT 125 †

Child Growth and Development

This course is a study of child growth and development from conception through adolescence as determined by the interaction of the biosocial, cognitive and social/emotional domains of development within the family and the cultural context with implications for raising successful adults. Observations of children of various ages is an integral part of this course. *Satisfies General Education for: Grossmont College D2; CSU D7 or D9 or E; IGETC 4G or 4I*

Transfers to: CSU, UC

3 units, 3 hours lecture

CHILD DEVELOPMENT 127 †

Science and Mathematics for Child Development

This course stresses the importance and value of science and mathematics in programs for young children. Students will gain an understanding of how children develop basic concepts of math and science, evaluate curriculum, and utilize appropriate methods and materials for early childhood education programs. Emphasis will be on the diverse and developmental differences of children.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: CD 125.

CHILD DEVELOPMENT 129 †

Language and Literature for Child Development

This course is designed to enhance the role of the teacher in supporting language and literacy development for young children. Students evaluate children's literature and develop practical skills in

communicating, reading and telling appropriate stories. Respectful, nurturing relationships, developmentally appropriate learning environments and collaborations with families and staff of diverse backgrounds will be emphasized as foundations for supporting first and second language acquisition and emergent literacy.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: CD 125.

CHILD DEVELOPMENT 130 †

Curriculum: Design and Implementation

This course integrates knowledge and skills from previous Child Development coursework as a foundation for designing appropriate curriculum and environments for young children. Students will examine a variety of approaches to curriculum development. The class will emphasize a coconstructive process of observation, implementation and documentation for designing environments that generate meaningful relevant learning that is responsive to the child in the context of family and culture.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: CD 121, 123, 125, 127, 129 and 131.

CHILD DEVELOPMENT 131 †

Child, Family and Community

This course examines the socialization process including the role families, school, media, peers, and community play in children's development. Students will learn strategies to support children and families in a diverse society, including how to develop and maintain effective teacher and family relationships. Community resources and agencies that strengthen families will be examined. This course is required by the California State Department of Social Services for teachers and directors.

Satisfies General Education for: Grossmont

College D2; CSU D10; IGETC 4J

Transfers to: CSU, UC

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in CD 123 and 125 or equivalent.

CHILD DEVELOPMENT 132 †

Observation and Assessment: Field Experience Seminar

This seminar is for the student participating in field experience as a student teacher in early childhood education programs. Students will develop skills in observation and authentic assessment and portfolio development for children and develop positive communication and guidance skills for working with children and families. These skills will be implemented in CD 133 or 170. As part of the course students will reexamine professional ethics, responsibilities and expectations of the work force and explore strategies for job search.

Transfers to CSU

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in CD 106, 121, 123, 125, 127, 129, 131 and 130 or 143 or equivalent.

Corequisite: CD 133 or 170

CHILD DEVELOPMENT 133 †

Practicum—Field Experience: Student Teaching

The student teacher will design, implement and evaluate curriculum experiences under supervision, at approved field placement sites. Students will apply previous coursework to make connections between theory and practice, demonstrate professional behaviors and build a comprehensive understanding of children in the group environment. This course emphasizes respectful workplace relationships among children and adults that serve as a foundation for co-construction and positive guidance.

Transfers to CSU

2 units, 10 hours work experience per week

Prerequisite: A "C" grade or higher in Child Development 106, 121, 123, 125, 127, 129, 130 and 131 or equivalent.

Corequisite: CD 132

CHILD DEVELOPMENT 134 †

Health, Safety and Nutrition of Young Children

This course emphasizes strategies for applying holistic health, safety and nutrition in early childhood settings. This course is designed for teachers, parents or others who desire current information on concepts of health, safety, and nutrition as it applies to children from infancy through school age. This course will cover laws, practices and curriculum regarding physical and mental health, safety, fitness and nutrition. An emphasis on program planning will include collaboration with families and health care providers leading to the development of good habits, attitudes, and responses promoting healthy and safe lifestyles.

Satisfies General Education for: Grossmont

College D2

Transfers to CSU

3 units, 3 hours lecture

CHILD DEVELOPMENT 136 †

Adult Supervision

This course provides students with the opportunity to develop skills in establishing and maintaining supportive working relationships with adults in early childhood settings. Based on a proactive approach, the course will explore positive communication strategies including team building, collaboration and problem solving.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in 12 units of Child Development core curriculum: CD 125 (3units); CD 131 (3 units); 6 units from CD 121, 123, 127, 129,143, 130 and/or 153 and currently teaching in a preschool or child care setting in the role of the lead teacher or head teacher or other supervisory capacity.

CHILD DEVELOPMENT 137 †

Administration of Child Development Programs I

This course is designed for the beginning director of child care and preschool programs. It includes administrative tools, knowledge and techniques needed to organize, open and operate a child development facility. Topics include budget, management, regulatory laws, and development of school policies and procedures. This course is required by the California Department of Social Services and California Department of Education for child care and preschool program directors and site supervisors.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in 12 units of Child Development core curriculum: CD 125 (3 units); CD 131 (3 units); 6 units from CD 121, 123, 127, 129, 143, 130 and/or 153 and currently teaching in a preschool or child care setting in the role of the lead teacher or head teacher or other supervisory capacity.

CHILD DEVELOPMENT 138 †

Administration of Child Development Programs II

This course is designed for the experienced director of childcare and preschool programs. The focus of this class is on human relationships in the professional setting. Included topics are political, fiscal, and working conditions and how they affect turnover and morale of staff; support for families in the program and managing personal growth and development.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CD 137 or equivalent.

CHILD DEVELOPMENT 141 †

Working with Children with Special Needs

The course focuses on strategies for working with children with special needs including physical, neurological and sensory challenges, developmental delays, learning disabilities and giftedness, and emotional and behavioral disorders. With an emphasis on inclusion in the traditional classroom and the childcare setting, this class will include compliance with legislation, observation, identification and referral processes, family involvement, and modification of the environment and curriculum.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: CD 124 or 125.

CHILD DEVELOPMENT 143 †

Responsive Planning for Infant/Toddler Care

This course will examine programs, philosophies and components of high quality group care for infants and toddlers. Students will develop planning skills for environments, experiences, and care giving routines that are based on respectful relationships and needs of diverse children and families. Emphasis

will be on building relationships between the family, child, and caregiver in the context of linguistic, cultural, socioeconomic, individual family differences, and special needs.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in CD 124 or 125 or equivalent.

CHILD DEVELOPMENT 144 †

Baby Signs: Communicating with Infants/Toddlers

This course is an introduction to gestural communication or "Baby Signs" with normally developing infants and toddlers. Modified sign-language is taught as a means of communication with preverbal or newly verbal children. An emphasis is placed on incorporating gestures into daily routines, play, and song in infant care settings to foster reciprocal and responsive relationships. Strategies for teaching parents about "Baby Signs" and working with children's individual needs are included.

Transfers to CSU

1 unit, 1 hour lecture

CHILD DEVELOPMENT 145 †

Child Abuse and Family Violence in Our Society

Child abuse and neglect, domestic violence, elder abuse and community violence as well as safety and self-protection will be examined with an emphasis on how the classroom teacher, foster parents and members of the general public can recognize, prevent, report, and intervene in cases of child abuse and domestic violence.

Satisfies General Education for: Grossmont College D1

Transfers to CSU

3 units, 3 hours lecture

CHILD DEVELOPMENT 153 †

(Cross-Cultural Studies 153)

Teaching in a Diverse Society

Analysis of the many contexts and variables related to an individual's socialization process and how these forces impact on one's work with children and families. This course will examine and discuss topics related to culture, race, ethnicity, religion, gender, socioeconomic status, sexual orientation, special needs, and diverse lifestyles as they are represented in our schools and society at large. This course includes self-reflection as a tool for personal growth. Current social issues will be examined through the lens of global diversity. Students will better understand their own attitudes regarding diversity and apply this knowledge to their work with children and families.

Satisfies General Education for: Grossmont

College D2

Transfers to CSU

Associate Degree Credit.

3 units, 3 hours lecture

CHILD DEVELOPMENT 168 †

Positive Guidance in Early Childhood Setting

This course provides teachers and child care providers with the tools to create an environment that supports children's behavior. It addresses the development, social, and cultural understanding of the reasons for children's behavior. Practical classroom strategies including indirect guidance, verbal guidance, positive interaction skills, modeling and problem solving will be explored. The importance of

building positive relationships with the family is also included. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

1 unit, 1 hour lecture

CHILD DEVELOPMENT 169 †

Helping Children Cope with Crisis and Change

Children see the world from an entirely different perspective than adults, including how they cope with life's adversities. This class will assist the caregiver (parent, teacher or child care provider) in first, identifying children who may be dealing with a crisis or change in their life that is impacting their wellness, and secondly, offering the adult the tools for helping the child learn to cope with a crisis or change. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

1 unit, 1 hour lecture

CHILD DEVELOPMENT 174 †

The Reggio Emilia Approach to Learning: An Introduction

The Reggio Emilia Preschools and Infant/Toddler programs are recognized as outstanding early childhood programs. This course will provide students with an overview of the principles and classroom applications of the Reggio approach. The role of the teachers, working in collaboration, in daily implementation of a socialconstructivist approach will be explored. Students will be provided with information about schools locally and in other areas of the United States implementing the Reggio approach.

Transfers to CSU

3 units, 3 hours lecture

CHILD DEVELOPMENT 175 †

Documenting Children's Learning in Early Childhood Education

The preschools and infant/toddler centers of Reggio Emilia, Italy are recognized as examples of best practices in early childhood education. This course will provide students with an indepth exploration of the process of documentation including the role of the teacher and the use of technology in documenting children's learning. Students will explore the relationship of documentation to the co-construction of curriculum. Classroom activities and assignments will require a student to be actively involved with young children.

Transfers to CSU

3 units, 3 hours lecture

Recommended Preparation: CD 125 and 174.

CHILD DEVELOPMENT 199

Special Studies or Projects in Child Development

Individual study, research or projects in the field of child development under instructor guidance. Written reports and periodic conferences are required. Content and unit credit to be determined by student/instructor conferences and/or division. May be repeated for a maximum of nine units.

1-3 units, 3-9 hours

Prerequisite: Consent of instructor.

CHILD DEVELOPMENT 298 ††

Selected Topics in Child Development

Selected topics in Child Development not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar or lecture class. Pass/No Pass only.

Non-associate degree applicable

.5-3 units, 1-9 hours

Prerequisite: Varies with topic.

CHILD DEVELOPMENT 299A †

Selected Topics in Child Development

Selected topics in Child Development not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar or lecture class.

Associate degree applicable

.5-3 units, 1-9 hours

Prerequisite: Varies with topic.

CHILD DEVELOPMENT 299B †

Selected Topics in Child Development

Selected topics in Child Development not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar or lecture class.

Baccalaureate level-CSU transfer

.5-3 units, 1-9 hours

Prerequisite: Varies with topic.

Family Studies (FS)

FAMILY STUDIES 110 †

Life Management

This course is a study of the different factors affecting one's physical, mental and socio-emotional health in relation to life management. The implication of culture and diversity on belief systems and perception of the world will be examined. Communication, thought processes, and interpersonal relationships will be analyzed for improved self and social awareness. Time and resource management skills will be developed. Special emphasis will be placed on developing critical thinking skills to effectively meet life management challenges.

Satisfies General Education for CSU E

Transfers to CSU

3 units, 3 hours lecture

FAMILY STUDIES 115 †

(Child Development 115)

Changing American Family

A survey of the contemporary American family with emphasis on changes in form, functions and expectations. The history of the family, both public and private, will be considered and examined in relation to the effects of class, ethnicity and social policy. The effects on the family of common life events experienced by individuals and family members will be covered including sexuality, mate selection, marriage, childbearing, the working family, divorce, domestic violence and aging. The future of the family including implications for the individual and society will be discussed.

Satisfies General Education for: Grossmont

College D2; CSU D7, D10; IGETC 4J

Transfers to: CSU, UC (credit limited: see page 37)

3 units, 3 hours lecture

FAMILY STUDIES 120 †

Human Development

This course is a study of the dynamic forces influencing the biosocial, social/emotional and cognitive domains of human development throughout the lifespan. Development tasks faced at each lifespan stage are examined from different theoretical perspectives. Topics, from epigenetic influences to current findings in brain development and end-of-life care, are researched and discussed

3 units, 3 hours lecture.

Satisfies General Education for: Grossmont College D2; CSU D7, E; IGETC 4G

Transfers to: CSU, UC (credit limited: see page 37)

FAMILY STUDIES 129 †

Introduction to Human Aging

This course focuses on social, economic, physiological and psychological factors which relate to the older adults as their roles in the family and society change. It includes investigation of everyday issues of the aged with emphasis on health, housing, personal economics, family roles, sexuality, spirituality, retirement, and bereavement.

Satisfies General Education for CSU E

Transfers to CSU

3 units, 3 hours lecture

FAMILY STUDIES 199

Special Studies or Projects in Family Studies

Individual study, research or projects in the field of family studies under instructor guidance. Written reports and periodic conferences required. Content and unit credit to be determined by student/instructor conferences and/or division. May be repeated for a maximum of nine units.

1-3 units, 3-9 hours

Prerequisite: Consent of instructor.

FAMILY STUDIES 298 ††

Selected Topics in Family and Consumer Studies

Selected topics in family studies not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar, lecture or laboratory class. Pass/No Pass only.

Non-associate degree applicable

1-3 units, 3-9 hours

Prerequisite: Varies with topic.

FAMILY STUDIES 299A †**Selected Topics in Family and Consumer Studies**

Selected topics in family studies not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar, lecture or laboratory class.

Associate degree applicable

1-3 units, 3-9 hours

Prerequisite: Varies with topic.

FAMILY STUDIES 299B †**Selected Topics in Family and Consumer Studies**

Selected topics in family studies not covered by regular catalog offerings. Course content and unit credit to be determined by the Division of Career and Technical Education/Workforce Development in relation to community/student need(s) and/or available staff. May be offered as a seminar, lecture or laboratory class.

Baccalaureate level-CSU transfer

1-3 units, 3-9 hours

Prerequisite: Varies with topic.

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree