

Youth Basketball Camp

Presented by

Grossmont College

Date: August 1-4, 2016
Time: 8:00am- 12:00pm
Cost: \$75.00 per camper
Includes t-shirt, contest prizes and giveaways
Where: Grossmont College
Gymnasium (lot 3)
Who: Boys and Girls
Entering 3rd – 9th grades

Typical Day at Camp

7:45-8:00 Check-in
8:00- 8:15 Thought or Quote of the Day
8:15-8:30 Warm-up
8:30-9:30 Stations- FUNDamentals
9:30-10:00 Individual/Group Contests
10:00-10:30 3 on 3 Tournaments
10:30-12:00 Team Practice/Team Games

Basketball is a great game that teaches life skills and is enjoyed by all ages. At Grossmont College we will teach you the skills needed to play basketball successfully.

CONTESTS and PRIZES!!!

Daily instruction from college coaches and players will help kids learn new skills and perfect the ones they already have. Each day we will put our new skills to the test in group or individual contests!

We emphasize the FUNDamentals in a positive and enthusiastic way. We will also teach about teamwork, sportsmanship, communication, goal setting and more.

We look forward to working with beginners with no experience to those that have experience.

Sign up and bring a friend, make new friends and have a ball!!!

Mail completed application and check to:

Grossmont College
Men's Basketball
8800 Grossmont College Drive
El Cajon, CA 92020

Make check payable to:
Grossmont College Men's Basketball

Space is limited. Sign up now.

Visit our website for more information
www.grossmont.edu/athletics
or
contact Doug Weber
619-644-7878,
Doug.Weber@gcccd.edu

Grossmont-Cuyamaca Community College District Governing Board members Greg Barr, Bill Garrett, Mary Kay Rosinski, Edwin Hiel, Debbie Juteson, , Chancellor: Cindy Miles, President: Dr. Nabil Abu-Ghazaleh

First Name _____ Last Name _____ Age _____ Male / Female

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

Parent's Name _____ Contact Number _____

School _____ Grade _____ Birthdate _____

T-shirt size (youth) S M L XL (adult) S M L XL Experience _____

Parent's/Guardian's signature _____ Date _____