

First Name _____

Last Name _____

Age _____ Male / Female

Address _____

City _____ State _____

Zip _____

Phone _____

E-mail _____

Guardian's Name _____

Contact Number _____

School _____

Grade _____

Birthdate _____

T-shirt size

(youth) S M L XL

(adult) S M L XL

Experience _____

Parent/Guardian signature

Date _____

Medical consent form to be filled out at first day of registration. Please come at 8:15 a.m. to complete forms.



Visit our website for
more information
www.grossmont.edu/athletics

or

contact Karen Caires
619-644-7461
karen.caires@gcccd.edu

GROSSMONT
COLLEGE



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C.A.M.P. CAIRES YOUTH HOOP CAMP

Presented by
Grossmont College



**2010-2011 PCAC CHAMPIONS
BACK TO BACK PCAC CHAMPIONS
2010 SWEET 16 APPEARANCE**



Date: June 27-30, 2011

When: 9:00 am- 3:30 pm

Cost: \$150 per camper
(Includes t-shirt, contest prizes and more! **Bring your own lunch** and water bottle.)

Where: Grossmont College
(Gymnasium)

Who: Boys and Girls
Grades 1-8

CAMP FEATURES:

- **Develop skills and fundamentals in a day camp setting!**
- **Emphasis on ball handling, rebounding, and free throw shooting.**
- **Individual instruction and personal evaluations.**
- **Become a better all-around player and learn the game.**
- **College players present to help get you better!**

C.A.M.P Caires Hoop Camp is designed to teach both the game of basketball to today's youth, and to incorporate valuable life skills. To be successful in basketball requires the same skills as to be successful in life: hard work, determination, attitude, and a passion to achieve. **CAMP Caires** at Grossmont College will teach you the skills needed to play basketball successfully. Emphasis will be placed on footwork and fundamentals. Older grades will be introduced to read and react to a defender. The part to whole teaching method is used.

CONTESTS and PRIZES!!!

Daily instruction from college coaches and players will help kids learn new skills and perfect the ones they already have. Each day we will put our new skills to the test in group or individual contests!



Camp and Coach's History:

C.A.M.P. Caires Hoop Camp began in 2010. Last year the camp featured 14 campers and all had an amazing learning experience. Comments from parents and campers alike were that they wished we would add another week!

Now it is your turn to experience C.A.M.P. Caires!!

Coach Karen Caires has over 20 years of coaching experience from Division I level down to High School. Karen Caires' camp experience comes from Snow Valley Basketball School where she has been clinician and instrumental in helping them run their first girls basketball camp over 18 years ago. Camp will be fun and you will learn basketball. Grossmont College women's basketball players will be present to help instruct you! The program at Grossmont has developed into a respected program across the state. The team has posted back to back Pacific Coast Athletic Conference Championships and advanced to the sweet 16 in 2010. Many players have transferred to play at Cal Poly Pomona, UCSD, University Hawaii, Hilo, Cal State Los Angeles, Cal State Humbolt and more! You will get better!

Come join C.A.M.P. (Caring About Motivating People) Caires Hoop Camp and get better at basketball and life!

Mail completed application and check to:

Grossmont College-Women's Basketball
Karen Caires
8800 Grossmont College Drive
El Cajon, CA 92020
Make check payable to:
C.A.M.P. Caires